

RESOURCES THAT CAN BE SHARED WITH PARENTS/CARERS

Websites

www.bestbeginnings.org.uk: this has a range of videos, information for parents and access to the Baby Buddy app

vimeo.com: put in 'Watch, Wait and Wonder' to find the original video shared at the conference; in addition, there are videos on YouTube which give examples of running a parent group

www.beginbeforebirth.org: has videos and information about the importance of what happens in the womb to future development; different sections for parents, students and professionals

YouTube 'neonate imitation': video showing baby imitating dad sticking out his tongue at 10 minutes after birth

YouTube: 'Getting It Right From the Start' – a film put together by Tameside and Glossop NHS for every new parent from pregnancy about the importance of attachment and bonding

www.videointeractionguidance.net: website with an animated description of what VIG is, with pages for parents and carers (VIG is a relationship and strengths based intervention for when parents and carers need supportive help). VIG is available in East Lothian.

DVDs

Baby It's You: the first three years (including Brave New World/Robert's Story) – socio-emotional and brain development, about £15

The Social Baby: Understanding Babies' Communication from Birth, Professor Lynne Murray, buy from the nspcc.org.uk (where you can see a film clip) £19

Books

The Psychology of Babies; The Social Baby; (both by Lynne Murray)