



AIMH (UK) NATIONAL CONFERENCE 2017

‘Working effectively with fathers during the perinatal period’

SPEAKERS SHORT BIOGS

Paul Ramchandani - Professor of Child and Adolescent Mental Health at Imperial College. Paul also works as a Consultant Child and Adolescent Psychiatrist in the NHS with CNWL NHS Foundation Trust.

Paul's research is focused on early child development and particularly on the prevention of emotional and behavioural problems in the early years of life through innovative methods of working with parents and infants. His team uses a variety of research methodologies to investigate this area including the development and testing of clinical interventions, population epidemiology, and detailed observational studies of parent-child interaction and the biology of the stress response system.

Hilary Kennedy - Educational Psychologist and a leading developer of VIG in the UK.

Hilary has co-edited two books on VIG with Miriam Landor and Liz Todd. *VIG: A Relationship-Based Intervention to Promote Attunement, Empathy and Well being* in 2011 and *Video Enhanced Reflective Practice (VERP: Professional Development through attuned interaction)* in 2015. She is currently a freelance VIG trainer working on projects around the UK including the Family Drug and Alcohol Court, Perinatal Parent Infant Mental Health Service (PPIMHS) North East London NHS Foundation Trust, NSPCC projects, Mother and Baby Units in Leeds and Birmingham and Manchester Clinical Psychology under 3s team. She is involved in VIG developments in Czech Republic, Finland, Greece, Italy, Turkey, Ecuador and Mexico.

Kevin Ball - Perinatal Psychotherapist at NELFT (North-East London NHSFT) Perinatal Parent Infant Mental Health Service.

Kevin trained at the Philadelphia Association as a Psychoanalytic Psychotherapist and worked in one of the therapeutic communities there. He then worked as a Psychotherapist with cancer patients and families in Guys and St Thomas's Hospital in the Dept of Palliative Medicine. He trained as a family therapist at the Institute of Family Therapy/Birkbeck and is now in training as a supervisor in Video Interaction Guidance.

Joanna Tucker - Parent-Infant Psychotherapist, Clinical Director OXPIP

Joanna started her professional life as a probation officer, moving later to work with parents and babies as a psychiatric social worker in the field of child abuse. Her desire to work in a preventative capacity and in more depth led to her training as a psychotherapist.

She has been involved with the Oxford Parent-Infant Project since 1999, in a variety of roles. She has had two stints of being Clinical Director, finally retiring from this in April 2016.

She continues to enjoy doing some clinical work, supervision, and training. She is a qualified Guider and Supervisor in Video Interaction Guidance and is currently working on ways to help families through integrating Video Interaction Guidance and Psychoanalytic Parent-Infant Psychotherapy.

Richard Fletcher PhD - Associate Professor, University of Newcastle, New South Wales

Richard Fletcher is Associate Professor, Faculty of Health and Medicine, The University of Newcastle, NSW. He has been conducting research with fathers and families for over 20 years and is the convener of the Australian Fatherhood Research Network. His book "The Dad Factor: How the Father-Baby Bond Helps a Child for Life" has been translated into 5 languages

Sebastian Kraemer, Honorary Consultant Tavistock & Portman NHS Trust, London

Sebastian Kraemer's first paper on fathers was 'The origins of fatherhood' (*Family Process* 1991), the most recent 'There is no such thing as a father' (2017). In four decades as an NHS child and adolescent psychiatrist he has also published and lectured on family systems therapy and psychoanalysis, the dynamics of professional groups, paediatric mental health liaison, inequality and social policy, and the perinatal promotion of secure attachments. www.sebastiankraemer.com

Raqib Ibrahim, Evaluation Officer for Mellow Parenting and responsible for implementing the research and evaluation strategy

Raq is passionate about the early years as it is where our journey begins, influencing who we become and which path we go down in life. He graduated in 2012 from the University of Edinburgh with a Masters in Children and Young Peoples Mental Health, his thesis was on the importance of father-infant attachment in the first 12 months. Currently the Research & Evaluation Officer for Mellow Parenting, he works closely with professionals and academics in the UK and overseas to evaluate Mellow Parenting programmes with the ambition to bridge the gap between research, practice and policy.